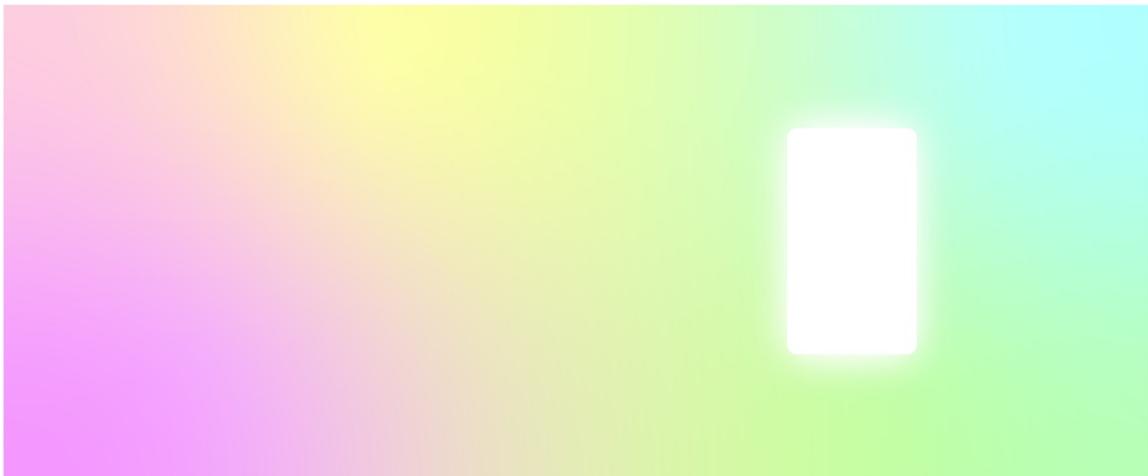


# **A VISION**

**of A Sustainable Now**



**Darren Bruce Rea**

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# NOW SUSTAIN- ABILITY

Our world needs us to be sustainable right now, in an environmental sense, and if we are being honest and seeing with a clear eye, we as humans have a lot to shift in who we are, and what we do, to create a now that is sustainable.

This all needs to happen now. As it isn't about a sustainable future, it is about a sustainable now, and it all starts with us, Now, as individuals.

## **NOW HOW?**

A complete shift of values, perspective, and how we view ourselves and our relationship to each other and the world (including our non-human kin).

Anyone genuine in knowing what this shift entails must be willing to 'honestly see the current state of the world'. Which quite frankly is on

course for an ever-increasing heap of trash, complete destruction of ecosystems, & the timeless beauty of nature being deeply marred by humanities presence - Or, more precisely, humanities *lack of presence*. As, much of humanity seems so caught up in capturing some illusory idea of the future we miss the beauty of what is already present. So, we try and fill our emptiness with material goods; nice cars, nice clothes, designer goods, fancy vacations, etc...

We are never satisfied with what is already present, so we are perpetually seeking something beyond what is present. Thus, we continue to create needless material items to try and satiate our endless hunger for more, but in the process, we are destroying the beauty that is already present!

Thus, this shift of values is towards gratitude, love, community, mental health, presence and all these things we intuitively feel are good and beautiful. Really this needed shift is a spiritual one. We need to collectively embody a society that values what is real, tangible and already present – and our only focus on production is to provide for and sustain these already beautiful things – locally. Simply, we need to abandon the needless and focus completely on only what is needed. Food, water, fresh air & shelter. Be grateful for these things and enjoy life in the simple beauty that is already present, and this beauty goes beyond words.

**“This shift of values is towards gratitude, love, community, mental health, presence and all these**

# things we intuitively feel are good and beautiful.”

## **NOW BE**

*What Now?*

*Simply just be this way. Value your family, friends, and be grateful for all that you already have.*

*Simply Enjoy Life, and the world thanks you.*

*Now thank the world.*

*Peace & Love*

*-Darren*