

Ceremony of the Living
The

Light of Infinity is

Always Present. Surrender
into this ineffable reality that is in-
escapable. All one has to do is release
all attachment and let go into the mys-
tery of pure naked reality. This simple pro-
cess is the entirety of enlightenment and
can be experienced by us all right here
right now. Enjoy this timeless moment
and the inexpressible beauty that un-
folds into it continually. This is the
complete Circle. Always Present

Inside at Heart
& Everywhere

Lightnight Bear

Wasaskotepayiw Maskwa

Lake Heart Love

Infinity



Ceremony of the Living

Waves crash, tectonics collide, a landscape is shaped

The expansiveness of profundity explored through word & form —

A mountainous region of densely compact forest comes to bloom

Trees, flowers, greenery unmatched – a natural world untouched by humanity

Silent loss, falling leaves, a season comes to an end

Now, growing saplings push through concrete

What was once rich forest is replaced with scarce cities

Brokenness pretending to be authentic

Stressed brains reach for what already was – sustainability

The ignored and unseen light buried under the shadow of modernity

Those awake enough to wipe the sleep from their eyes uncover this

Answers questioned, home returned to – The Land that always was

Landed right side up

Faced the cracks in the sidewalk, the nature of the human created environments

Learned how to dance within the rhythm of rigidity – the rhythm of human made ways

An instrument, freed from self, liberated from the precipices of judgement

Simple, in connection with the woman whose face is always present

Her bosom is the earth, her bottom the centre of it, her crown the sky

Mother nature embraces us with her unending support

Ancestors stand behind us, lifting the gaze

Ceremony of the living – filled with spirit

The circle of all living things

Is in this great gathering

Of life

Lake Heart

Still water, large deep liquid body, no wind to disturb the surface

Face filled with tears, eyes sparkling in the morning light, mouth and cheeks attempting to hold it in

The morning birds, singing songs, crisp morning air, waking forest all around the crystal living depths

A gentle careful touch, upon the skin, soft sensation ripples through, so much meaning, in simplicity

Droplets from the eyes, beginning to roll, the sky above opening into Dawn's golden light

Glistening down the face, turning to see, eyes meeting, the exquisiteness of this contact

Experienced together, leaves upon warming branches, crackling of the flames inside

Profound inexpressible feeling, of two as one, all as one, evading separation

Distance impossible, in timeless union, the lake of oneness always present

Even when it is not seen, stillness pervades all, silence all sound

A tender embrace, given into openness, true vulnerability

Touching the subtlest sensation

Life's vibrant source

Love

You

&

I

Are

One

Infinity

Everything Everywhere, seen and unseen

The entire firmament of the universe

All is One infinite infinity

Within & Without

Always

Now

Lightning Bear

Born into the tangible shadow

Thrown from the river of spirit

Into a lifetime of learning

A family of tradition & rules

Forgetting for a moment

The waters from which we came

Yet dear care & tender missteps
Along the journey – fill it up
With this great land supporting
From shore to shore
The union between gravity & being
Heart & Soul into form
Every step – every moment
Each footprint leaves an imprint
Into the earth – The Earth
& Hands reach up into mind –
The space of idea & thought inside
Collecting stories of how things are
The vast infinity of planets & stars
Reflecting our nature, the vastness
of Perspective's potential
It is Here Now that which we witness
The turning of all
Always growing
 Towards the Light
Roots deepening into the grounded mystery
Forever bound, constrained in
 Freedom

Daring to breakthrough

Into perfect stillness

The Alive Silence

Transformative Profound

Impeccable Flame

Ever-Present

Infinity

The Darkness of fear –

Of despair

All the feelings of not being –

Enough.

Seen through, released

Through countless tears

Stark pain & suffering – fully felt

Only the subtleties remaining –

Thawed & experienced as stark

As the first encounter with thee

Unforgettable dark

The still frozen edges of The Heart's

Warm ocean

Breaking free – into the aura

Of soft warmth –

Easily balanced

The pain subsides into equilibrium

With the whole –

Unending journeying

Sincere creation

Intimate unfolding

Not needing to be

Understood

No container of concept can encapsulate

This life

So, the elder gave this name

To this Being

Here Now.

Never forgetting

What is

Love Life Heart

Surrendered in the ineffable

Abstract

Reality

Now

This is it,

